



# ADULT, CHILD & INFANT C.P.R.

<b>Description</b>	This course teaches an emergency approach on how to manage adults, children and infants in cardiac/respiratory medical emergencies and render life saving care until professional help arrives.	
<b>Target Audience</b>	This course is appropriate for those in the healthcare profession i.e. paramedics, nurses, firefighters, police officers, lifeguards or fitness instructors. People who require cardiopulmonary resuscitation skills for their job and/or who have an interest in learning C.P.R.	
<b>Course Length</b>	4 hours	
<b>Topics</b>	<ul style="list-style-type: none"><li>• Airway, Breathing, Circulation</li><li>• Rescue Breathing</li><li>• CPR Skills</li><li>• Heart Attack</li><li>• Choking (conscious/unconscious)</li></ul>	<ul style="list-style-type: none"><li>• Stroke</li><li>• Communicable Diseases</li><li>• Signs/Symptoms of Heart Disease</li><li>• Cardiovascular Risk Factors</li><li>• Safety &amp; Accident Prevention</li></ul>
<b>Course Handout(s)</b>	First Aid & CPR Reference Manual	
<b>Certificates</b>	Wallet Card C.P.R. Level "C"	
<b>Validation Period</b>	1 year	