



ADULT, CHILD & INFANT C.P.R.

Description	This course teaches an emergency approach on how to manage adults, children and infants in cardiac/respiratory medical emergencies and render life saving care until professional help arrives.	
Target Audience	This course is appropriate for those in the healthcare profession i.e. paramedics, nurses, firefighters, police officers, lifeguards or fitness instructors. People who require cardiopulmonary resuscitation skills for their job and/or who have an interest in learning C.P.R.	
Course Length	4 hours	
Topics	<ul style="list-style-type: none">• Airway, Breathing, Circulation• Rescue Breathing• CPR Skills• Heart Attack• Choking (conscious/unconscious)	<ul style="list-style-type: none">• Stroke• Communicable Diseases• Signs/Symptoms of Heart Disease• Cardiovascular Risk Factors• Safety & Accident Prevention
Course Handout(s)	First Aid & CPR Reference Manual	
Certificates	Wallet Card C.P.R. Level "C"	
Validation Period	1 year	