

Training & Courses

First Aid

Emergency First Aid/CPR Level C



Description

This course teaches an approach to managing medical emergencies.



Target Audience

This course is required for workplaces employing not more than five workers in any shift at a work area or those interested in gaining first aid knowledge and skills.



Topics

- The law
- Communicable diseases
- Airway, breathing, and circulation
- Rescue breathing
- (Adult/Child/Infant) CPR
- Heart attack and stroke
- Choking (conscious/unconscious)
- Shock
- Wounds and bleeding
- Muscular/skeletal emergencies
- Burns
- Seizures
- Diabetic emergencies
- Crisis intervention



Duration

- 8 hours



Certification

Participants will receive an Emergency First Aid/CPR Level C wallet card.

The certificate is valid for two years.

** Handouts include : Active Canadian First Aid, CPR & AED Reference Manual