

Training & Courses

First Aid

Standard First Aid/CPR Recertification



Description

This course teaches an approach to managing medical emergencies and rendering life-saving care until professional help arrives. A 1-day recertification of the initial 2-day Standard First Aid course. As per the WSIB, the recertification must be done by the original training provider of the initial Standard First Aid course.



Target Audience

This course is required for workplaces employing more than five workers in any one shift at a work area. It is ideal for those individuals interested in gaining first aid knowledge and essential skills.



Topics

- The law
- Communicable diseases
- Airway, breathing, and circulation
- Rescue breathing
- (Adult/Child/Infant) CPR
- Automated External Defibrillation
- Heart attack and stroke
- Choking (conscious/unconscious)
- Shock
- Wounds and bleeding
- Muscular/skeletal emergencies
- Head and spinal emergencies
- Burns
- Respiratory emergencies
- Seizures
- Diabetic emergencies
- Poisoning
- Triage
- Crisis intervention



Duration

- 8 hours



Certification

Participants will receive a Standard First Aid/CPR Level C wallet card. The certificate is valid for two years.

** Handouts include : Active Canadian First Aid, CPR & AED Reference Manual